

DE WRAP



"Thank you to every athlete representing the Caribbean at Tokyo 2020."
 "Thank you to all our NOCs."

Brian A.C. Lewis
 CANOC President

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@canocsports

"Caribbean athletes have shown perseverance, dedication, commitment and unwavering courage to continue training in the face of the Covid-19 pandemic,"

THE WAIT IS OVER

The Tokyo 2020 opening ceremony comes a year later than planned. For many athletes, last year's unprecedented postponement of the Games in response to the Covid-19 pandemic was a huge disappointment. For others, the decision represented opportunity: to qualify; recover from injury; train some more.

What we had all hoped for was a Games unaffected by the global pandemic that had forced the International Olympic Committee (IOC) to abandon plans for a 2020 staging of the Olympics. No such luck! Tokyo 2020 opens with Covid-19 still very much in the conversation, many Japanese citizens opposed to the Games as the host city deals with large case numbers.

The Caribbean 352 athletes from 22 National Olympic Committees, however, cannot be distracted by Covid-19 and its impact on the Games, including an absence of fans at competition venues. Instead, they must remain focused on their goals.



IN THIS EDITION

- ▶ Caribbean Flag Bearers
- ▶ Competition Action
- ▶ Competition Schedule
- ▶ Chef De Mission Features



MEMBER NEWS

CONGRATULATIONS



NICOLE HOEVERTSZ OLY

ELECTED
 VICE PRESIDENT
 INTERNATIONAL OLYMPIC COMMITTEE
 2021-2025



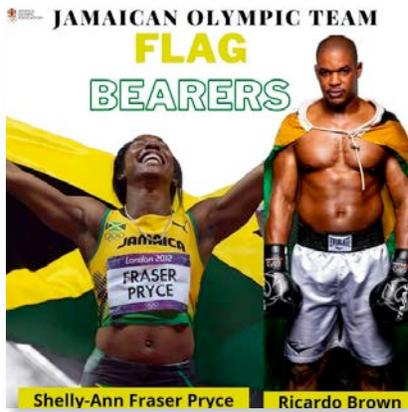
SAVE THE DATE



CANOC DAY
 19TH ANNIVERSARY
 CELEBRATIONS
 JULY 31ST 2021



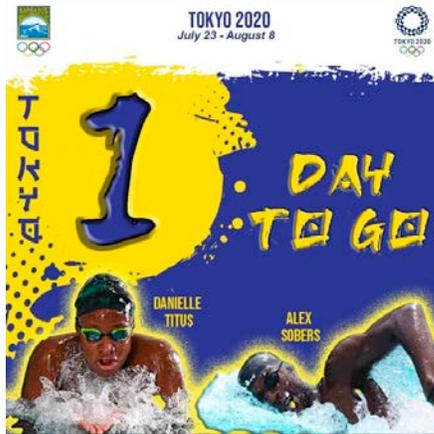
FRASER-PRYCE REPEATS



Shelly-Ann Fraser-Pryce is among the standout Caribbean athletes expected to do flag-bearing duties at the Olympic Stadium here in Tokyo, Japan

For Fraser-Pryce, carrying the Jamaica flag at the opening ceremony--scheduled to start at 8pm (7am Eastern Caribbean time)—is recognition of an extraordinary career. The fact that she has been given the honour for the second time in as many Olympics speaks to the impact the two-time women’s 100 metres gold medallist has had on global sport. With the IOC allowing each country the option to have a flag-bearer of each gender, super heavyweight boxer Ricardo Brown will share the honour with Fraser-Pryce.

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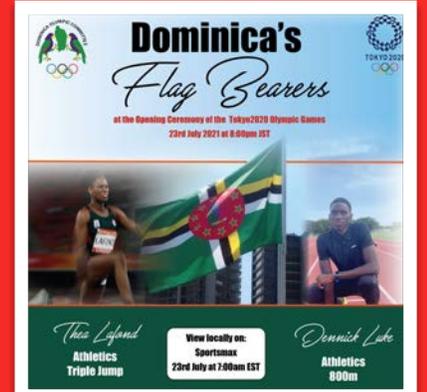
St Kitts and Nevis sprinter Jason Rogers, British Virgin Islands hurdler Kyron McMaster, Surinamese sprint cyclist Jair Tjon En Fa, triple jumper Thea La Fond of Dominica, and Trinidad and Tobago sprinter Kelly-Ann Baptiste are also among the Caribbean flag-bearers for the opening ceremony.

A couple swimmers will do the honours for Barbados—Danielle Titus and Alex Sobers. An Olympic debutant in 2016,

Sobers is back for the Tokyo Games, and excited about the opportunity to compete in the men’s 200m freestyle as well as the 400 free, here in Tokyo.

“(Olympic) swimming is very different from the NCAA meets or from dual meets,” Sobers said. “It’s been a long five years,” Sobers continued. “There’s all of the challenges, and practicing every day, swimmers come in and play through their pain to go through those challenges. They sacrifice and overcome heartbreak. But you can’t make long term decisions based on temporary feelings.” All hard work brings profit, and Sobers will have the satisfaction of not only diving into an Olympic pool once again, but also carrying “The Broken Trident” with pride in front of a massive television audience.

CARIBBEAN FLAG BEARERS



DE CARIBBEAN WRAP

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KWAME LAURENCE

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Bermuda has opted for one flag-bearer, Dara Alizadeh. The 27-year-old rower has a diverse background. Alizadeh’s British-born mother moved to Bermuda at an early age. His father is Iranian. And Alizadeh is actually a dual citizen-Bermuda and the US. In fact, he represented USA at the 2015 World U23 Championships, in Bulgaria, earning silver as part of the men’s eight team.

Alizadeh made the long trek to Tokyo to compete in the men’s single sculls. Even before flag-bearing duties at the opening ceremony, he will

Dominican Republic’s Jorge Vasquez will also compete in the men’s single sculls. He rows in lane three in heat two. The top three finishers in each race will progress automatically to the quarterfinal round, while the others will row again in the repechage.

The Caribbean will have three representatives in the women’s single sculls. Trinidad and Tobago’s Felice Aisha Chow rows in heat two. Puerto Rico’s Veronica Toro will do battle in the third qualifying race. And in heat five, Cuban Milena Venega takes on Austrian Magdalena Lobnig, Qatar’s Tala Abujbara, Canadian Carling Zeeman and Namibian Maike Diekmann.

For the latest news and updates about CANOC and the Caribbean athletes in Tokyo 2020 visit our website www.canoc.net and follow us on our social media channels for more contributions from our correspondent Kwame Laurence [@kwamelaurence@googlemail.com](mailto:kwamelaurence@googlemail.com).

COMPETITION ACTION



SHOOTING



CARIBBEAN CHEF DE MISSIONS

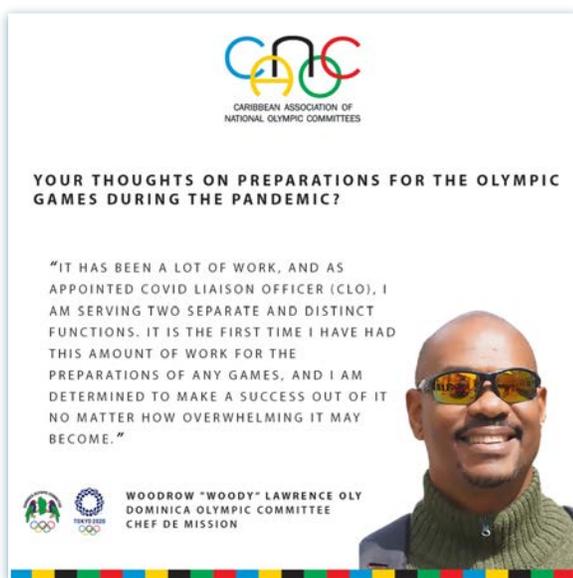
CANOC recognises the handwork and dedication it takes to prepare a games contingent and will be featuring our Caribbean Chef de Missions on their Tokyo 2020 journey.

 chef de mis·sion

/ˌʃhef də mē'syän/

noun:

- 1.the person in charge of a national team at an international sports event.
2. the head of a Caribbean Vibes mission.



COMPETITION SCHEDULE : DAY 1

DAY 1: CARIBBEAN ATHLETES COMPETITION SCHEDULE

Date	EST/AST	Event	Competitors	NOC
Thursday 22nd Evening Session	7:30pm	(M) Rowing Single Sculls (Heats)	Dara Alizadeh	Bermuda
	8:30pm	(W) Rowing Single Sculls (Heats)	Felice Chow	Trinidad and Tobago
	9:00pm	(M) Shooting- 10m Air Pistol (Pre- Event)	Phillip Elhage	Aruba
Friday 23rd Evening Session	7:30pm	(W) Rowing Single Repechage		
	8:30pm	(M) Rowing Single Repechage		
		(M) Shooting- 10m Air Pistol (Qualifications)	Phillip Elhage	Aruba

KEY
Finals, semifinals, Quarterfinals, repechage
Qualifiers, first rounds, heats